

DRAFT

Alcohol and Drug Services in Moray

Moray Alcohol and Drug Partnership
Service Directory
2011



Moray Alcohol & Drug
Partnership

www.madp.org.uk

Introduction

The directory is a useful tool to help you identify the agency best suited to assist with substance misuse and alcohol problems/needs.

It contains a wide range of listings for drug and alcohol services available in Moray. Most of the services listed in this directory work with people with complex needs.

Each listing includes a brief description of services provided by the agency, as well as contact details and opening hours.

It also includes the most suitable form of support or treatment depending on:

- The aims of the person going into treatment
- The substance(s) being used
- How much and how often
- Duration of substance/alcohol

An online version of the directory is also available at www.madp.org.uk.



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The first part of the Directory gives details of the Moray Alcohol and Drug Partnership and guidance on where to find help in Moray for drug and alcohol problems, your own or other people's.

'Types of help and treatment available' gives a brief explanation of what's available. The 'where to find help' gives a brief summary of each service in Moray and how you can be referred.

There is a list of useful websites, including national organisations, where further information can be found.

Moray Drug and Alcohol Partnership

The Moray Alcohol and Drug Partnership (MADP) is a multi-agency partnership, accountable directly to the Moray Community Planning Partnership through the Healthier Strategic Group. The MADP has been established to respond to national strategies on alcohol, drugs and volatile substances.

The purpose of the MADP is to reduce the impact of problematic alcohol and drug use on individuals, families and communities by co-ordinating the work of the statutory and third sector agencies and by developing and implementing strategies for tackling alcohol and drug problems at a local level.

The Moray Alcohol and Drug Partnership have 5 key priorities set out in the 'Delivering Recovery Through Sustainable Change' strategy document. These are:

- Prevention
- Recovery
- Law enforcement
- Children and Family Support
- Service Delivery

The MADP does not provide treatment services but commissions statutory and voluntary agencies to provide the full range of drug and alcohol treatment services, both structured and open access, including services for those in the criminal justice system. The Support Team takes a lead with involving service users and carers in developing services. The list of MADP staff on pages 3 gives further details of key strategic work.

Any of the team will be happy to help with queries from users of the Directory.

MADP Support Team

Blair Dempsie Operational Manager	Operational responsibility for all drug and alcohol services in Moray
John Campbell Support Team Lead/Development Officer	Leads on implementing the Strategy and working with partners to ensure actions arising from the strategy are taken forward.
Donna Philip Support Team Administrator	Runs the MADP office and provides administrative support to the team and Partnership.
Amanda Ware Research and Information Officer	Leads in the MADP for developing and producing annual needs assessment for both drug and alcohol treatment; collate and analyse data and information to inform strategies and commissioning.

The MADP Support Team can be contacted on 01343 551564



What types of help and treatment are available?

Various types of help and treatment are available in Moray to suit different people's needs. Below is a brief description of the main types of help and treatment and a suggestion of what type of person they may suit.

Direct Single Access—This should be your first point of contact. You will be offered initial support and guidance and be given a full assessment.

Brief Interventions—you will be offered three or more sessions, depending on what has been agreed in your recovery plan. These will be with an alcohol or drugs worker to discuss your alcohol/drug use and help you to make changes to stay on track.

Psychosocial Interventions—this is also known as Talking Therapy and there is another leaflet available which contains more information. If you are assessed as needing this as part of your recovery plan, you will be offered a programme with an appropriate worker. Workers use various therapies, including CBT (Cognitive Behaviour Therapy). These therapies offer you a structured way to work towards your goals within a confidential relationship. This can be provided by MIDAS, MCA and the Direct Access Service.

Prescribing Interventions—medically assisted withdrawal from alcohol or drugs can be offered. This is where you are given medication to help you safely stop using alcohol or drugs. This service is provided by MIDAS at 252 High Street, Elgin. In a small number of cases this service may need to be given in an inpatient setting, such as a hospital. This is done as part of a recovery package, which will usually include other treatment, such as support or talking therapy, to help you maintain an alcohol or drug free life.

Drop In — It is not every one who wants to work in a structured programme—for those who do not, Turning Point Scotland will provide a drop-in facility available to meet immediate need and provide advice, guidance and support to other services.

Residential Rehabilitation—dependence on alcohol or drugs may have complex causes and for some these treatments will not be enough to help them recover. If this is the case for you, you may need a longer, more intensive treatment that is offered in a residential rehabilitation. This involves living away from home for a period of 3 months or more. MIDAS will assess the appropriateness of your entry for this treatment.

Family Support—Early intervention, harm reduction and prevention programmes will be delivered by Turning Point Scotland and Moray Integrated Drug and Alcohol Service and will support the majority of people looking for support with alcohol and drug problems.

A photograph of a family of six walking together in a grassy field under a bright blue sky with scattered white clouds. The family consists of a man, a woman, and two children in the front row, and another man and woman behind them. They are all smiling and appear to be enjoying their time outdoors. The man on the far left is wearing a grey sweater and a scarf. The woman next to him is wearing a white sweater. The child on the far left is wearing a brown sweater. The child on the far right is wearing a white sweater. The woman behind her is wearing a white cardigan. The man on the far right is wearing a green cardigan. The woman behind him is wearing a white cardigan. The text 'Drug and Alcohol Services in Moray' is overlaid on the bottom half of the image in a light blue, cursive font.

*Drug and Alcohol
Services in Moray*

Access and Assessment Point

Summary

Moray Alcohol and Drug Partnership have commissioned Studio8 to provide an access point for all drug and alcohol services in Moray

If you require to access a service this must be your first point of call.

What does the Access Point offer?

You will receive an assessment within 72 hours and then be provided with an onward referral to the treatment service that meets your needs.

Address

73 High Street

Elgin

Moray

IV30 1EE

Tel: 01343 543792

studio08@turningpointscotland.co.uk

Contact hours

Monday	10am—6pm
Tuesday	10am—7pm
Wednesday	10am—6pm
Thursday	10am—7pm
Friday	9am—5pm

Moray Integrated Drug and Alcohol Service

Summary

MIDAS is based at 252 High Street Elgin and is an integrated service, consisting of the Moray Council Social Workers/Family Support Workers and NHS Grampian Community Psychiatric Nurses.

What does the Integrated Drug and Alcohol Service offer?

- Advice and support for drug/alcohol users
- Advice and support for families particularly where use of substances impacts on the care of children
- Advice and support to young substance users (with the consent of parents/guardians if under age of 16 year)
- Substitute prescribing
- Information on how to access free needle exchange
- Home detoxification, advice and support
- Residential Detox

Referral and Assessment Process

All assessments will be conducted at the access point and you will be offered this service if it is what you need.

Family Planning

- Free Condom service and family planning advice
- Substance education/training for clinical staff/social work staff and other agencies

Address

252 High Street
Elgin
Moray
IV30 1BE
Tel: 01343 552211
Fax: 01343 547000

Contact Hours

Monday to Friday — 9am—5pm

Studio 8

Summary

This service is commissioned by MADP and is provided by Turning Point Scotland. This service will carry out all first point assessments and refer to the most appropriate agency. The service will provide individual needs based interventions for people with a range of substance misuse issues. The service offers information, support and guidance in an inviting, relaxed, confidential environment to anyone who has concerns about their own or someone else's drug or alcohol use.

Studio 8 provide:

- Drop in facilities
- One to one interventions
- Group work
- Telephone helpline
- Support in the community
- Arrest referral
- Email support

Referral and Assessment Process

All assessments will be conducted at the Access Point and you will be offered this service if it is what you need.

Address

73 High Street
Elgin
Moray
IV30 1EE

Tel: 01343 543792

Studio8@turningpointscotland.co.uk

Contact Hours

Needle Exchange		Drop In Facility	
Monday	10am—6pm	Monday	1pm—2pm
Tuesday	10am—7pm	Tuesday	2pm—4pm
Wednesday	10am—6pm	Wednesday	12am—1.30pm
Thursday	10am—7pm	Thursday	5pm—7pm
Friday	9am—5pm	Friday	1pm—3pm

Talking Therapy

Moray Counselling on Addiction

Summary

This service is commissioned by The Moray Council and NHS Grampian and provided by Moray Council on Addiction (MCA) to offer a counselling service for anyone who

Wants to either stop or cut down their drug/alcohol/gambling/internet use etc

MCA's experienced counsellors are here to help you explore any problems you may be experiencing as a result of your alcohol and drug use and look at ways you can make changes.

Telephone Counselling is available and Internet Counselling is also being developed.

Referral and Assessment Process

All assessments will be conducted at the access point and you will be offered this service if it is what you need.

Address

252 High Street
Elgin
Moray
IV30 1BE
Tel: 01343 552211
Fax: 01343 547000
mca@moray.gov.uk

Contact Hours

We can see you in our office in Elgin or in Health Centres across Moray

MCA Office Hours

Monday—Friday 9am—5pm

Our Counselling Hours are:

Monday—Thursday 9am—9pm

Saturday 10am—12pm

Talking Therapy Cross reach

The face-to-face counselling is provided by qualified staff or volunteers, some of whom have received their training through Crossreach courses, all professionally accredited. They are managed and supported by CrossReach staff. Training for volunteers is a vital component of the service that is provided by CrossReach.

Contact Details

0131 657 2000

Email: info@crossreach.org.uk

Cruse

Cruse Bereavement Care Scotland exists to provide support to people experiencing grief following a death, working primarily through volunteers, providing free care to bereaved people.

Cruse was founded over 50 years ago in Surrey as a support group for widows. Over the years it grew rapidly opening its doors first to widowers and eventually to anyone who was bereaved. Gradually Cruse developed into a volunteer counselling service. The first branch of Cruse in Scotland opened in the late 1960s and by the mid 90s there were 28 branches north of the border.

Contact Details

National Phonenumber: 0845 600 2227

Email: moray@crusescotland.org.uk

Rape and Abuse Line (RAL)

The Rape and Abuse Line (RAL) is a registered charity. Our aim is to support survivors of rape and sexual abuse, however long ago their experiences were. We also offer support to families or partners of the person affected.

We offer a free and confidential support helpline answered by women as well as one answered by men. We also offer free face to face support and counselling sessions within a wide range of Highland and Island areas.

Contact Details

Answered by females 0808 8000 123

Answered by males 0808 8000 122

Quarriers Carer Support Service

Summary

The Moray Council commission Quarriers to provide a variety of support to unpaid Carers, young and old, within the Moray area comprising:

No Strings Attached Confidential Helpline - targeting Carers requiring anonymity who feel worried, isolated or alone because someone they are looking after has changed through drinking more than usual or taking drugs. Perhaps they have mental health issues and this is impacting on the family. Call 01343 555031

Adult Carer Support - emotional and practical help for Carers on a one to one basis.

Young Carer Support - provided to Carers up to the age of 18. Support is provided to ensure the challenges of the caring situation are minimise and the young person can fulfil their potential.

Formal Carers' Assessment - every carer who has, or may have in the future, a regular and substantial caring role is legally entitled to request an assessment of their individual needs. This is an opportunity for Carers to discuss their situation and identify what support they feel they need to continue in their caring role

Advice and Information - queries are answered, solutions are found on a wide variety of subjects. Referrals are made to expert organisations where appropriate.

Free Training provided on a range of topics that Carers have identified as necessary to aid their caring role. Fun and only lasting a couple of hours, sessions aim to improve knowledge, boost confidence and provide an opportunity to mix with other Carers.

Care and Share Peer Support Groups empowering Carers to have a life of their own while sharing experiences with others and enjoying various fun activities.

Mobile Information Bus - making the service accessible at a local level.

Referral and Assessment Process

All assessments will be conducted at the access point and you will be offered this service if it is what you need.

Address

25 Batchen Street
Elgin, IV30 1BH
Tel: 01343 556031
carersmoray@quarriers.org.uk

Contact Hours

Monday to Friday 9am-5pm
Saturdays by appointment



Young Persons Services in Moray

Talking Therapy

Young Persons Addiction Counselling (YPAC)

Summary

At YPAC we offer counselling to young people aged 12-24 who need a confidential space to explore issues around addiction, their own, or someone else's (e.g parents, siblings or a friends).

Referral and Assessment Process

You can be referred by someone you trust but either way its YOU we will work with and we check with you first that YOU want an appointment so contact details are important and we will need mobile or email address to contact you.

Or

You can refer yourself by giving us a call on the telephone number or e-mail address below.

We will plan to see you within 2 weeks of being contacted

Address

YPAC
The Loft Youth Project
86a Mid Street
Keith
AB55 5AF
Tel: 01542 886630
ypac-loft@copperstream.co.uk

Contact Hours

Office hours are 9-5 Monday to Friday but appointments are flexible and you can be seen outside of these times in various locations throughout Moray

Aberlour Childcare Service

MYA Core Service

Summary

Moray Youth Action provides a needs-led, person-centered service to vulnerable and challenging children and young people, aged 12 – 16 years and their families, in Moray. Referrals come through the Social Work Department.

The aim of Moray Youth Action is to provide disadvantaged, excluded and vulnerable young people and their families, with support to enable them to gain and retain control of their own lives and remain in their own homes and communities.

This is achieved by providing a range of services that meet the needs of the young people including:

- Systemic Family Practice and Escape programmes
- 1:1 and group work support for young people aged 12-16 who are vulnerable and challenging,
- mentoring support for young people aged 13-18 affected by problematic substance use.

Outcomes

This service contributes to the following Scottish Government National Outcomes:

- Our young people are successful learners, confident individuals, effective communicators and responsible citizens;
- Our children have the best start in life and are ready to succeed;
- Our children live longer, healthier lives;
- The life chances for children, young people and families at risk have improved; and
- Our children live safe from crime, disorder and danger

Address

Moray Youth Action
7 Parade Spur South
Pinefield Industrial Estate
ELGIN
IV30 6AJ

Tel: 01343 546214

Contact Hours

Monday—Friday—9am—5pm

Aberlour Child Care Trust

MYA Mentoring Service

Summary

The purpose of this Mentoring Service is to support the young person and help improve their life choices.

What's it about?

- The main purpose of mentoring is to offer weekly support to young people who have been affected by their own use of alcohol, drugs or cigarette;
- We will try to help young people make positive life choices;
- The aim is to help reduce the young person's substance use;
- Increase young people's self-esteem and confidence; and
- Young people becoming involved in their community.

Who is mentoring for?

- Young people aged between 12 and 18 years;
- Young people living in the Moray area;
- Young people who feel they need help and support which will be provided by a Volunteer Mentor on a one-to-one 2 hour weekly sessions and/or Group sessions

Referral Criteria

- The young person is affected by substance use;
- The young person is aged 12 – 18 years of age;
- The young person live in the Moray area;
- The young person is in need of support which can be provided by weekly contact of around 2 hours with a volunteer mentor; and
- The young person enters into the relationship voluntarily.

Referral and Assessment process

- Referrals can come from anyone, including a young person, if a need is identified and matches the criteria
- Referrals through LIAP (Local Integrated Assessment Planning)

Address

Moray Youth Action
7 Parade Spur South
Pinfield Industrial Estate
ELGIN
IV30 6AJ

Tel: 01343 546214

Mob: 07717 535923

Email: anne.grant@aberlour.org.uk

Contact Hours

Monday—Friday—9am—5pm

Children 1st

Summary

Our work with children and families informs and influences all of our lobbying and campaigns. Not only do we try to influence legislation, we also campaign to change attitudes towards children and to help create a better world for all children.

Through these partnerships – with Government, the public and with our volunteers and the families we help – we aim to bring our vision of a happy, healthy, safe and secure childhood for every child and young person in Scotland closer to reality.

Children 1st services in Moray include:

- 15 Forward
- Mediation in Education
- Moray Children and Young People Rights Services

Referral and Assessment Process

- Self referral
- Referral from other agency

Address

Highfield Annexe
Northfield terrace
Elgin
IV30 1NE
Tel: 01343 547374

Contact Hours

Monday to Friday 9am—5pm



Elgin Youth Café

Summary

Elgin Youth Café offers a safe space and a wide range of free-of-charge projects and activities for all young people of secondary school age in Elgin and its surrounding areas. The project has been running since 1998, and offers young people an alternative to the pressures of alcohol, drugs, gambling and crime.

Facilities include:

- A drop-in centre is open 7pm-9.30pm every Tuesday to Thursday and 7pm-10pm on Fridays offering computer games, pool, table tennis, karaoke, games and activities, drinks and snacks.
- Issue-based sessions on Friday nights offering advice and support on a range of issues relevant to young people including drug and alcohol abuse, domestic abuse, sexual health and bullying
- Delta Force, a community project which provides a team of young people to carry out services in the local area including graffiti removal and beach cleans.
- A dance group that meets on a Thursday afternoon
- Holiday activities running throughout the school holidays
- Access to Health (A2H) worker available every Tuesday evening – non-judgemental help and advice on mental health issues affecting young people
- Young Person's Addiction Counselling (YPAC) every Thursday evening - access to help and support on issues surrounding addiction and young people

Referral and Assessment Process

Self Referral

Address

Francis Place

Elgin

IV30 1LQ

Tel: 01343 548300

Contact Hours

Tuesday, Wednesday and Thursday—7.30pm—9.30pm

Friday—7.30pm—10pm

School Liaison Officers

Summary

Grampian Police School Liaison in Moray is a proactive method of tackling national and local policing objectives through early intervention and education,

As a result, strong links have been established between Moray Council Education staff, NHS Grampian and Grampian Police.

Our aim is to deliver a consistent and accurate syllabus of educational inputs at primary and secondary levels linked to the new National Curriculum for Excellence and the Grampian Police Force Objectives.

The type of inputs given are Substance Misuse, Internet Safety, Bullying, Vandalism, Law and Order, Personal Safety, Diversity and Harmony and Citizenship.

The two Moray School Liaison Officers have responsibility for providing inputs to the 9 Secondary schools and their 46 associated Primary feeder schools, a roll of roughly 14,000 pupils. They also attend parents evenings where a specialised input is required.

The School Liaison Officers provide a positive link between Grampian Police and the whole school family and are quite often the first point of contact as they are seen as a person to be trusted.

Contact Details

The School Liaison Officers cover the following schools and can be contacted on 0845 600 5 700

PC Steve Roberts - Keith Grammar, Elgin Academy, Buckie High and Lossiemouth High, Steiner School Forres and all associated feeder primary schools

PC Colin MacLennan - Milne's High, Elgin High, Forres Academy, Speyside High and Gordonstoun, and all associated feeder primary schools.





*Health Services
In Moray*

Mobile Information Bus (MIB)

Summary

The MIB, operational since 2000, provides a needs led service that promotes social inclusion in partnership with others. The MIB aims to provide an accessible multi-agency outreach resource throughout Moray, providing accurate relevant lifestyle information which allows service users to make positive lifestyle choices. The resource targets areas of social disadvantage as identified by The Scottish Index of Multiple Deprivation 2009, and other areas identified through partnership feedback.

In addition to providing information and advice on all health and lifestyle issues to support young people of secondary school age in rural communities, the MIB services extend to include other ages, stages and partners to include all socially hard to reach groups and engage with them to make positive lifestyle choices.

The MIB is staffed by Health Information Assistants (HIAs) from NHS Grampian's Health Improvement Services, who have undertaken approved training and attend ongoing professional development opportunities in all health improvement topic areas i.e. alcohol, drugs, sexual health, mental health and wellbeing, tobacco, healthy eating and physical activity. In addition, other community planning partner personnel bring their own services, and provide professional guidance via the MIB i.e. Moray Alcohol and Drug Partnership, Grampian Police/ Operation Avon, Community Learning Development, Street and Midnight Football and Access 2 Health Project.

It is fair to indicate that MIB staff & partners can often be the first point of contact and may be in a position to sign post / refer clients to appropriate local organisations, groups and agencies on a regular basis.

Referral and Assessment Process

Self Referral

Address

Synpie Hospital
Duffus Road
Elgin
IV30 5PW
Tel: 01343 567107

Contact Hours

The MIB visits various venues around Moray. To find out where they will be please contact on the above number



Summary

The Sexual Health Service provides contraception, testing and advice to people from the age of 12 to 19 years old.

The clinic offers all methods of contraception, pregnancy tests and Chlamydia tests to men and women. Condoms and lubricant are available to collect from SMS.

Advice and help can also be obtained from General Practitioners, although not all practices can offer the full range of contraceptive methods.

Emergency Contraception

Emergency Contraception is also available free seven days a week from:

- GPs
- Accident and Emergency at Dr Grays
- Fleming Hospital Aberlour
- Leancoil Hospital Forres
- Seafield Hospital Buckie
- Stephen Hospital Dufftown
- Turner Memorial Hospital
- many Moray pharmacies

Referral and Assessment Process

- Self Referral
- Drop In

Address

Out Patients Department
Dr Gray's Hospital
Elgin
Moray
IV30 1SN

Telephone or text: 07765 656512 - SMS aim to answer your text within 24 hours

Contact Hours

Monday— 9.00am—12.00pm
Thursday and Friday—2.00pm—5.00pm

A woman with long brown hair, wearing a red top and a black blazer, is looking down at a document in an office setting. A man in a dark suit is partially visible in the foreground, looking towards her. The background shows a window with blinds.

*Employability
Services
in Moray*

Employability Support Service

The Employment Support Service was set up in 1998 as part of the Community Services Department within The Moray Council.

The service was created to help residents of Moray who are disadvantaged by a condition, illness or disability to gain, sustain or retain some kind of employment.

The service also helps individuals to access training to make them more employable.

The service can be accessed while individuals are still at school at around the age of 14 and continue through into adulthood.

Adults wishing to join the service can phone for an application form and will then be invited along for a chat to find out more about their needs and goals.

Of the service can help the individual, they will be matched up with an Employment Development Worker who will work with them to write up a tailor-made package which will help them to find the right job.

There is no time limit with the service. Some individuals may join only for a short time and then move on to Open Employment which means they no longer need assistance. Other individuals may require ongoing support throughout their employment.

- You can use the Employment Support Service if you:
 - If you have a disability as defined by the Disability Discrimination Act which states
 - A person is defined as having a disability if they have a mental or physical impairment
 - This has an adverse effect on your ability to carry out normal day-to-day activities
 - The adverse effect is substantial
 - The adverse effect is long-term (meaning it has lasted for 12 months, or is likely to last for more than 12 months or for the rest of their life)
- Reside in Moray

Address

The Employment Support Service
Units 1-3 Chanonry Business Centre
2 Chanonry Road North
Chanonry Industrial Estate
Elgin
IV30 6NB
Tel: 01343 545158
employment.support.service@moray.gov.uk

Criminal Justice Services in Moray



Criminal Justice Social Work

Summary

The Criminal Justice Service carries out the Social Work responsibilities under legislation in respect of all adults aged 16 or over who have offended. This includes:

- Social Enquiry Reports
- Probation
- Community Service
- Supervised Attendance Orders
- Supervised Release Orders
- Parole and non - Parole licences
- Other Licenses and Orders
- Aftercare for ex-prisoners
- Drug Treatment and Testing Orders
- Diversion from prosecution
- Assessments for Restriction of Liberty Orders
- JSOP (Joint Sex Offender Project)
- These services are subject to 100% funding from the Scottish Executive and operate to National Objectives and Standards.

Criminal Justice also provides services in respect of Deferred Sentences, Means Court Reports and Fine Supervision Orders which are not subject to 100% funding.

Referral and Assessment Process

- Courts
- Fiscal

Address

11 North Guildry Street
Elgin
Moray
IV30 1JR
Tel: 01343 557200

Contact Hours

Monday to Friday—9am—5pm

Moray Youth Justice

Summary

The Moray Youth Justice Team works with young offenders aged 8-18 years. The work is heavily prescribed by the requirements of the Scottish Executive Youth Justice Improvement Programme.

The key objectives are to reduce youth offending, particularly persistent offending and so reduce the impact on communities in Moray.

The service utilises a variety of intervention techniques including restorative justice, antisocial behaviour contracts and parenting programmes.

The team is also participating in intensive support and mentoring in the children's hearing system.

Referral and Assessment Process

- Children's Reporter
- Young Offenders Review group


Address

31 Clifton Road
Lossiemouth
IV31 6DJ
Tel: 01343 811134

Contact Hours

Monday to Friday—9am—5pm





*Housing Support Services
In Moray*

Residential Housing Support

Summary

The Moray Council Housing Department commissioned SACRO to provide Guildry House. This is a supported accommodation unit which provides accommodation and support for 10 single people who are homeless or at risk of becoming homeless and require the necessary skills to manage a tenancy of their own. The main aim of Guildry House is to assist people to resettle in the community.

The support staff at Guildry House will provide a flexible service in order to allow those who use the service to achieve as much independence and choice in their lives as possible.

Referral and Assessment Process

Guildry House is not a Direct Access service and anyone who is provided with a housing support service must refer through The Moray Council. The Moray Council Housing Needs Section is situated at 12-17 Greyfriars Street, Elgin and can be contacted on 01343 563596.

Address

Hall Place

Elgin

IV30 1JP

Tel: 01343 549808

Contact Hours

Monday—Sunday 8am—11pm





Young Persons Housing Support

Summary

The Moray Council Housing Department commission SACRO to provide Covesea Road. Staffed 24/7, 365 days per year, Covesea Road provides ten at risk young people with supported occupancy and focuses on areas of work including:

- social, emotional & behavioural support,
- preparation for further education, training and employment; and
- support for the transition to independent living.

Referral and Assessment Process

Covesea Road is not a direct access service and anyone who is provided with temporary occupancy must refer through the Moray Council. The Moray Council Housing Needs Section can be contacted on 01343 563596.

Address

14 Covesea Road
Elgin
IV30 4JX
Tel: 01343 552183

Contact Hours

Monday to Sunday – 8am - 11pm



Pharmacies and Needle Exchange in Moray

Pharmacies

Elgin

Bishopmill Pharmacy

20 North Street
Bishopmill
Elgin
IV30 4EF
Tel: 01343 547374

Lloyds Pharmacy

48 High Street
Elgin
IV30 1BU
Tel: 01343 547035

Lloyds Pharmacy

The West End
176 High Street
Elgin
IV30 1BA
Tel: 01343 547065

Alliance Pharmacy N.E

30 Main Street
New Elgin
IV30
Tel: 01343 542186

Boots Pharmacy

1110-112 High Street
Elgin
IV30 1BW
Tel: 01343 543311

Forres

Alliance Pharmacy

166 High Street
Forres
Moray
IV30 1NP
Tel: 01309 672262

Lloyds Pharmacy

99 High Street
Forres
IV36 1AA
Tel: 01309 672614

Rowlands Pharmacy

83 High Street
Forres
IV36 1AA
Tel: 01309 672784

Boots

90 High Street,
Forres
V36 1NX
Tel: 01309 673370

Lhanbryde and Fochabers

Lhanbryde Pharmacy

32 St Andrews Road
Lhanbryde
IV30 8NZ
Tel: 01343 842531

Christies of Fochabers

62 High Street
Fochabers
IV32 7DU
Tel: 01343 820207

Pharmacies

Roths and Hopeman

Roths Pharmacy
26-28 High Street
Roths
AB38 7AU
Tel: 01340 831233

G.F Duthie M.R.Pharm.S
26, Harbour St,
Hopeman,
IV30 5RU
Tel: 01340 831233

Lossiemouth

Lossiemouth Pharmacy
34 Queen Street
Lossiemouth
IV31 6PJ
Tel: 01343 813095

Lloyds Pharmacy
23 Clifton Road
Lossiemouth
IV31 6DJ
Tel: 01343 812818

Buckie

Taylor Pharmacy
1 High Street
Buckie
AB56 1AL
Tel: 01542 831116

Ardach Health Centre
Highfield Road
Buckie
AB56 1JE
Tel: 01542 833311

Cullen

Cullen Pharmacy
28 Seafeld Street
Cullen
AB56 4SH
Tel: 01542 840220

Dufftown and Aberlour

K.M.J Dalziel
15 Balvenie Street
Dufftown
AB55 4AB
Tel: 01340 820228

Aberlour Pharmacy
112, High Street
Aberlour
AB38 9NX
Tel: 01340 871279

Needle Exchange in Grampian

ABERDEEN CITY

Dickies Pharmacy	68 Gardner Drive, Kincorth, Aberdeen, AB12 5SD	(01224) 874608
Douglas Dickie Chemist	96 Victoria Road, Torry, Aberdeen, AB11 9DU	(01224) 878459
Holburn Pharmacy	560 Holburn Street, Aberdeen, AB10 7LD	(01224) 581685
John Ross Chemist	109 Hayton Road, Tillydrone, Aberdeen, AB24 2RN	(01224) 277434
Rowlands Pharmacy	City Hospital, Park Road, Aberdeen, AB24 5AU	(01224) 636597
Drugs Action	7 Hadden Street, Aberdeen, AB11 6NU	(01224) 577120
The Healthy Hoose	2b Logie Place, Aberdeen, AB16 7TP	(01224) 661500

NORTH ABERDEENSHIRE

Buchanhaven Pharmacy	23 Skelton Street, Peterhead, AB42 1HR	(01779) 473525
NHS SM Service	Kessock Road, Fraserburgh, AB25 2ZH	(01346) 585167
Turning Point Scotland	9 St Peter Street, Peterhead, AB42 1QB	(01779) 470490
Turning Point Scotland	Chalmers Out Patient Dept, Clunie Street, Banff, AB45 1HY	

CENTRAL ABERDEENSHIRE

Kemnay Pharmacy	17 High Street, Kemnay, AB51 5NB	(01467) 642205
Will Chemists	35 West High Street, Inverurie, AB51 9QQ	(01467) 620475
Turning Point Scotland	A&E Dept, Jubilee Hospital, Bleachfield Street, Huntly, AB54 8EX	

SOUTH ABERDEENSHIRE

Charles Michie Chemist	24 Market Square, Stonehaven, AB39 2BE	(01569) 762298
Charles Michie Chemist	67 High Street, Banchory, AB31 5TJ	(01330) 825949

MORAY

Dufftown Pharmacy	15 Balvenie Street, Dufftown, AB55 4AB	(01340) 820228
Lloyds Pharmacy	48 High Street, Elgin, IV30 1BU	(01343) 547065
Bishopmill Pharmacy	20 North Street, Bishopmill, Elgin, IV30 4EF	(01343) 547374
Lloyds Pharmacy	23a Clifton Road, Lossiemouth, IV31 6DJ	(01343) 812818
Your local Boots Pharmacy	88/94 High Street, Forres, IV36 1AA	(01309) 673370
Alliance Pharmacy	39 Main Street, New Elgin, IV30 6BH	(01343) 542186
Norvik pharmacies ltd	1 High Street, Buckie, AB56 1AL	(01542) 831116
Studio 8, Turning Point Scotland	7 North Guildry Street, Elgin, IV30 1JR	(01343) 543792

For opening hours please contact individual needle exchange using numbers provided

Quick Reference Phonebook

Moray Integrated Drug and Alcohol Service	01343 552211
Studio 8	01343 543792
Moray Council on Addiction	01343 552211
Criminal Justice Social Work	01343 557200
Guildry House	01343 549808
Covesea Road	01343 552183
Moray New Futures	01343 549778
Health Point	01343 567137
Quarriers Support	01343 556031
Children 1st	01343 547374
Mobile Information Bus	01343 567107
Elgin Youth Cafe	01343 548300
Moray Youth Action (Mentoring Service)	01343 546214
SMS	07765656512
School Liaison Officers	0845 600 5 700
Young Persons Addiction Counselling (YPAC)	01542 886630
Moray Youth Justice	01343 811134

Alcoholics Anonymous	www.alcoholics-anonymous.org.uk
Al-anon	www.al-anonuk.org.uk
ADFAM	www.adfam.org.uk
Alcohol Concern	www.alcoholconcern.co.uk
Alcohol Focus Scotland	www.alcohol-focus-scotland.org.uk
Drink Aware	www.drinkaware.co.uk
Know the Score	www.knowthescore.info
Frank	www.talktofrank.com

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Moray Alcohol & Drug Partnership

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252 High Street
Elgin
IV30 1BE**

Tel: 01343 551564

Fax: 01343 547000

www.madp.org.uk